

ABSTRACT
of the dissertation work of Abdimussa Zhuldyz Nurlankyzy
for the degree of Doctor of Philosophy (Ph.D.) in the specialty 6D010300 -
"Pedagogy and Psychology".

Research topic: Psychological and pedagogical assessment of emotional states of university students.

The purpose of the study: theoretically substantiate the psychological and pedagogical assessment of the emotional state of students, develop and empirically establish the effectiveness of the structural and functional model and experimental program.

Research objectives:

1. to substantiate the essential characteristic of the author's definition of "psychological and pedagogical assessment of the emotional state of students";
2. to determine and argue the expediency of pedagogical conditions for regulating the emotional state of modern students;
3. to develop a structural and functional model of psychological and pedagogical assessment of students' emotional states (criteria, indicators, levels) and check its effectiveness;
4. to establish experimentally the features of the emotional state of students in relation to academic performance and stages of professional training based on the implementation of an experimental program for the regulation of the emotional state of students.

Research methods: theoretical: analysis of psychological and pedagogical literature; diagnostic: questionnaire 16PF Cattell (form C); a scale for measuring the severity of reduced mood by V. Zung (adapted by T.N. Balashova); the Beck Anxiety Inventory; "Motivation of professional activity" by K. Zamfir in the modification of A. Rean; "B. Bass orientation questionnaire"; "Morphological test of life values" by V. F. Sopova, L. V. Karpushina; achievement motivation scale; methods of mathematical statistics: factor analysis, programs "Statistica 20".

Main provisions (proven scientific hypotheses and other conclusions that are new knowledge) submitted for defense.

1. The emotional state is an integrative phenomenon that occurs at the stage of assessing an actual need in the form of experiencing the significance of the impact of external and internal stimuli and is characterized as an integral system of subjective and objective evaluative qualities of a person.

Psychological and pedagogical assessment of the emotional state is a purposeful process of evaluating and supporting favorable and transforming unfavorable emotional states of a student in a certain logic: "state - attitude - action".

2. As criteria for assessing the emotional state, its content characteristics are: the degree of severity of motives, needs and values for the manifestation of the emotional state; positive background of emotional manifestations and personality traits; systemic possession of self-regulation skills at the motivational, cognitive, emotional, behavioral levels; the impact of the digital transformation of the educational process on the emotional state of students;

3. The structural and functional model of the psychological and pedagogical assessment of the emotional states of university students is provided by taking into account the individual characteristics of emotional states: adequate self-esteem, anxiety levels, positive emotional background, pronounced self-regulation, high organization and interconnection of students' emotional states depending on academic performance and the stage of professional training;

4. The pedagogical conditions for regulating the emotional states of students, aimed at developing internal and using external resources, identified by us, have a holistic character, and the specially developed experimental program, including correctional trainings "Emotional balance" and "Motivational balance", ensure a decrease in anxiety, an increase in the level of positive emotional state and stability of students.

Description of the main results of the study:

1. the essential author's description is given for the concept of "psychological and pedagogical assessment of the student's emotional state";

2. the pedagogical conditions are determined for regulating the emotional state of modern students, due to the influence of the digital transformation of the educational process on their emotional state in conjunction with academic performance and stages of professional training (bachelor's degree);

3. a structural-functional model has been developed for the psychological and pedagogical assessment of the emotional states of students in the process of their professional development, the effectiveness of which has been verified by experimental work;

4. the experimental program for regulating students' emotional states has been developed and implemented, which includes correctional trainings such as "Emotional Balance" and "Motivational Balance", the effectiveness of which has been tested by experimental research.

Justification of the novelty and significance of the results obtained:

The validity of the first scientific result is determined by the fact that the emotional state, as a substrate of the emotional health of students, is the basis for the formation of the personality of a specialist and professional suitability in the future, the problem of psychological and pedagogical assessment of the emotional state of a student becomes extremely relevant. The author's definition is given for the concept of "psychological and pedagogical assessment of the emotional state of a student" based on a comparative comparison of the content-semantic indicators of the phenomenon of "emotional health" and "emotional state".

The validity of the second scientific result is confirmed by the need to determine the pedagogical conditions for regulating the emotional states of students, due to the influence of the digital transformation of the educational process on their emotional state in conjunction with academic performance and stages of professional training (bachelor's degree); in our view, this need is explained by the fact that in the educational process of universities in Kazakhstan, psychological and pedagogical assessment of students' emotional states is not developed, and as a result, not applied.

The validity of the third scientific result is due to the logic of the study and the development of a structural and functional model for the psychological and

pedagogical assessment of the emotional states of junior students in the process of their professional development. The developed model is realized through: the peculiarities of students' emotional states revealed by us: adequate self-assessment, levels of anxiety, positive emotional background, pronounced self-regulation, high organization;

The validity of the fourth scientific result is confirmed by the verification of the technology "Productive pedagogical cooperation"; correctional programs: "Emotional balance" "Motivational balance", which are aimed at the development of internal and use of external resources, to overcome the negative components of the emotional state of students with approbation of the research results at scientific and practical conferences; obtaining positive results in the process of verifying the model, conditions, procedures for regulating the emotional states of modern students.

Compliance with the directions of development of science or government programs:

The national project "Quality Education" Educated Nation ", Decree of the Government of the Republic of Kazakhstan (2021) talks about increasing the competitiveness of Kazakhstani universities, where professional and health-saving competencies of future specialists should become strategic indicators as key guidelines for the modern education system.

The target indicators of the Health Development Concept of the Republic of Kazakhstan until 2026 is the promotion of "Healthy Universities" for students, which in turn puts the university community in front of the search for solutions to the problems of shaping their emotional health.

Implementation of the main directions of the Concept for the Development of Education of the Republic of Kazakhstan for 2022-2026, the need to ensure the emotional well-being of students, create a favorable psychological climate in universities and provide psychological support to students is noted. The emotional state, as a substratum of students' emotional health, is the basis for the formation of a specialist's personality and professional suitability in the future.

Description of the contribution of the doctoral candidate to the preparation of each publication:

10 scientific articles have been published on the topic of the dissertation. 1 of these in foreign publications included in the Scopus database; 3 articles in scientific publications recommended by the Committee on Quality Assurance in Education and Science MSHE, 6 in collections of international scientific conferences near and far abroad countries.

1. Distance Education and the COVID-19 Pandemic: Psychological and Motivational Aspects / International Journal of Web-Based Learning and Teaching Technologies. - 2022. - V 17 No. 1. (co-authors - N. Ismailova, E. Shchedrina, K. A. Timiryazev, S. Kulanina (85%). The article presents the results of studying the psychological and motivational aspects of the transition to online learning and the conditions for regulating the emotional states of students. The results of personal and situational emotional students' experiences.

2. Application and effectiveness of the psycho-correction program of psycho-emotional balance / Khabarshi KazNPU named after Abai. Series Psychology. No. 2(67), 2021. - P.5-12. (co-authors: Tapalova O.B., Nagibina N.L., 85%). The article presents data on the effectiveness and efficiency of the psycho-correctional training program for the development of emotional balance. The implementation of the program contributed to the expansion of personal resources of self-actualization and increase the level of achievement motivation.
3. Application of the 16pf Cattell questionnaire in assessing the emotional states of students / Khabarshi KazNPU named after Abai. Series Psychology. No. 1(70), 2022. - From 16-20. (co-authors: Tapalova O.B., Abdrakhmanov A.E., 85%). The article shows the results of experimental studies of students' emotional states. The experimental results obtained demonstrate an increase in the severity of negative emotional states among students and indicate the need for psychological and pedagogical support.
4. Psychological and motivational aspects of distance learning. // Pedagogy and psychology - Almaty. - 2022–4 (70). – P. 8–26. (co-authors: Burlachuk L.F. 90%). The article presents the results of a study of purposeful interaction between a student and a teacher in online learning, the study of the psychological motivational aspects of digital learning.
5. Features of manifestations of emotional disorders of students as an indicator of social maladaptation // collection of scientific papers based on the materials of the International Scientific and Practical Conference "Psychology, Pedagogy, Education: Current Research and Development": - Kazan: Professional Science. – 2021, pp. 24–30. (Tapalova O. B. 90%). The article deals with the problem of the state of psychological health of students. The results of the study indicate emotional disorders in students and the need for psycho-correctional work with students.
6. Comparative analysis of service platforms that are optimal for online learning in Kazakhstani universities / Eurasian Scientific Association. - M. - 2021. - No. 6 (76). pp. 405–411 (Simonenko A., Tapalova O. B., Abisheva E. Zhaparov E. 50%). The article presents an analysis of the methods, forms and means of educational activities during the transition of university education to an online format. The results of the pilot study are an important aspect for obtaining high-quality knowledge and its effective assimilation.
7. Emotional stability of future teachers - the basis of successful professional activity // Topical issues of modern science and education: collection of articles of the V International scientific and practical conference - Petrozavodsk: ICNP "New Science", 2021. - P. 103–110. (Tapalova O. B. 90%). The article presents the results of an experimental study of the characteristics of students' emotional stability. Differences in emotional stability and emotional instability among students are associated with the subjective experience of failures, failures and academic performance.
8. The relationship of emotional stability and its psychophysiological indicators among students of pedagogical universities // Modern society and science: experience, problems and development prospects: a collection of scientific papers based on the materials of the International Scientific and Practical Conference - M

.: - 2020. - P. 146–152. (Tapalova O. B., 85%). The article presents the results of an experimental study of emotional stability and its psychophysiological manifestations, personal and situational negative emotional experiences of undergraduate students.

9. Features of the manifestation of anxiety in school age // Collection of scientific articles of the international scientific and practical conference. “Trends and prospects for the development of humanitarian education” - Almaty: KazNPU named after Abai. - 2021. - S. 289–293. (Tapalova O. B., 85%). The article reveals the relationship between the appearance of anxiety in schoolchildren, which tends to increase as they grow up and enter student life.

10. Influence of individual typological characteristics on the state of psychological health of students // Proceedings of the III annual republican conf. "Trends and prospects for the development of psychological and pedagogical education" (May 11, 2022) - Almaty. - 2022. - P.89-94. (Ponomarev R. D., Tapalova O. B. 55%). The article presents the results of a study of the psychological states of modern students.